



Tom Vasiliades is the founder and director of the Alexander Technique Center for Performance and Development. He has taught the Alexander Technique to professional and student performers, people with chronic pain and respiratory ailments – such as asthma and emphysema – business people and athletes. He has taught in university settings, medical offices and health clubs. Tom is currently the Chair of the Movement Department the New School for Drama at New School University. He is also teaches at New York University Tisch School of the Arts and The Juilliard School. He trained and was certified by the American Center for the Alexander Technique. He is also a member of the American Society for the Alexander Technique and Alexander Technique International. Tom has served as the Chair of the Board of Directors and President of the American Center for the Alexander Technique.